



The flu is serious. DON'T PASS IT ON.

Get your flu shot!

Protect yourself and everyone around you.

Saturday, October 8 and 15 • 9 a.m.–1 p.m.

Monday–Friday, October 10–October 21 • 8 a.m.–4:30 p.m.

The best way to prevent getting the flu and avoid spreading it to others is to get vaccinated. Kaiser Permanente members can get the flu shot at no cost at these convenient locations.

Portland metro area

Beaverton Medical Office
4855 SW Western Ave., Beaverton

Interstate Medical Office East
3550 N. Interstate Ave., Portland

Mt. Scott Medical Office
9800 SE Sunnyside Road, Clackamas

Rockwood Medical Office
19500 SE Stark St., Portland

Sunset Medical Office
19400 NW Evergreen Parkway, Hillsboro

Tualatin Medical Office
19185 SW 90th Ave., Tualatin

Salem

North Lancaster Medical Office
2400 Lancaster Drive NE, Salem

Washington

Cascade Park Medical Office
12607 SE Mill Plain Blvd., Vancouver

Salmon Creek Medical Office
14406 NE 20th Ave., Vancouver

Longview-Kelso Medical Office
1230 Seventh Ave., Longview

Starting October 24, you can get a flu shot as part of a regular office visit or at one of our Nurse Treatment Centers.

Do you have questions about the flu?

Visit kp.org/flu for advice on preventing and treating flu symptoms.