



## ***Save the Date!* Harvest of Health Benefits Fair Nov. 16**

Our Harvest of Health Employee Benefits Fair will be **Wednesday, November 16th** from **12:00pm - 4:00pm** at the Bishop Steiner Building in Rooms 112, 300, and 301. Visit fun and informative exhibits hosted by more than a dozen providers including Kaiser, Willamette Dental, Liberty Mutual, Aspen Health Clinic, and Thrive Life Foods. Don't miss out on the opportunity for chair massages, blood pressure testing, acupuncture demonstrations, a fitness challenge, and much more! Try tasty samples from Costco, Life Source Natural Foods, and KIND Snacks, and enter to win prize drawings. For more information, contact [MDarby@ccswv.org](mailto:MDarby@ccswv.org).

Download a flier to post at your location [here](#).

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## United Way Campaign Update

Mark your calendars for the **Holiday Bazaar & Bake Sale on Thursday, November 17th** from **9:00am - 4:00pm**. Several local vendors will be hosting, so come and get a head start on your holiday gift-giving. The annual Cake Decorating Contest will be held in conjunction with the bazaar, and prizes will be awarded to the cakes that are *Most Beautiful*, *Most Unusual*, and the *Ugly Ducking*. Submit your best "Cake Boss" creation, and don't forget to bid on your favorite cake. To reserve a table or submit a home-baked masterpiece, RSVP to Marilee Darby at [MDarby@ccswv.org](mailto:MDarby@ccswv.org). Donations of goodies for the bake sale are also needed.

December 8 is the **Big Basket Blowout**, our final United Way event. Mark your calendars to attend and contact Stephanie at [ssstoker@ccswv.org](mailto:ssstoker@ccswv.org) to get involved. The winning soup entries from the Souper Social will be announced at the Basket Blowout. Thank you to everyone who participated in the Souper Social this year. We had 7 different contestants and raised \$200.00 for United Way!

[Souper Social Recipes](#) [Souper Social Gallery](#)

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## **Sanctuary Theme of the Month - Safety**

The holiday season is fast approaching. The days grow shorter, the air is crisp, and the leaves color the season. The holidays are a joyous time, but also a time when stress runs high, and we can begin to feel emotional and vulnerable. Fall is a good time to review and update your Safety plan. As part of our commitment to being a trauma-informed organization, we should all carry a safety plan with us at all times. A personal safety plan outlines four or five things that you do on the spot to calm yourself when feeling physically, psychologically, socially, or morally unsafe. Your plan can include anything from deep breathing, to excusing yourself and taking a walk.

Download the [Safety Plan Template](#) that fits with your name badge sleeve.

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## **Annual Luncheon Appreciation**

Thank you to the many CCS, ISN, and CCSF staff members who helped out at our 12th Annual Fundraising Luncheon. Whether you greeted guests at registration, hosted a table, or helped assemble gifts, your support helped hundreds of members of the broader community embrace our mission: to champion the positive development of children and adults, strengthen families, and build community.

View [Annual Luncheon Gallery](#)

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### **Annual All-Staff Christmas Party**

The CCS and CCSF Board of Directors cordially invite you to the Annual All-Staff Christmas Party on **Tuesday, December 6**. This year's party will be a holiday brunch from **10:00am - 12:00pm** at the Kroc Community Center. We hope to see you there. RSVP by Monday, November 21 to [janetjohnson@ccswv.org](mailto:janetjohnson@ccswv.org). Customers are welcome.

View and print your [invitation](#).

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### **Welcome to Our New Board Members**

Catholic Community Services (CCS) is pleased to announce the appointment of several new board members. Pictured here from left to right are Retired Social Worker Kathleen Diaz, Professor of Law Richard Hagedorn, Financial Advisor Scott Wiegall, and

Educator MaryPat Hill. Not pictured are Retired Oregon Supreme Court Chief Justice and Professor of Law Paul De Muniz, Dr. Michael Rohwer, Family Advocate Sharon Zielinski, and Community Advocate for Adults with Disabilities Becky Walker.

[Read more.](#)

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### **Retention Committee Hosts Adult Services Event**

In October, the Human Resources Department and the Retention Committee hosted a special training event focusing on employee engagement. One key to providing excellent care for customers is creating supportive working environments that encourage staff retention. Supervisors with the highest retention rates among their staff in Adult Services received recognition at the event. Adult Services Retention Award recipients pictured here from left to right are Unique Quantrille, Tammy Kvenbo, Amanda Foreman and Stephanie Brown. Nichole Stahl also received a Retention Award.

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**Fall is in the Air**

Integrated Service Network (ISN) staff are in the fall spirit. Employees throughout the company adorned their doors with fall themes from Peanuts to haunted houses. The winner of the fall door decorating contest was Ariella du Saint who won 1st place for her scary graveyard theme. Second place went to Adelani Lopez and Justin Doneth for their Snoopy themed door.

Click [here](#) to see other creative doors that won honorable mentions.

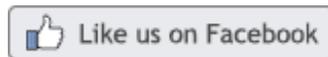
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## On the Move

Our Property Department has relocated to Center Court, and Youth and Family Services has relocated to the Bishop Steiner Building (BSB). Questions about the move can be directed to Amanda Starkey at 503-689-1469.

If you are in BSB on Monday, November 7 between 2:00-3:00 pm, please help welcome Youth and Family Services to their new location by joining us for an ice cream social in Room 300.



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