



Module 6 Practice Handout

S.E.L.F.



Directions: Wander around the room and ask your fellow participants if they can report on a positive behavior they saw or demonstrated in the following categories:

SAFETY:

Physical safety:

Psychological safety:

Social safety:

Moral Safety:

EMOTION MANAGEMENT:

LOSS:

FUTURE:



Module 6 Discussion Handout

SELF Questions Handout

1) In which of the four categories of SAFETY (physical, psychological, social and moral) does your organization struggle most with safety?

2) What are the most acceptable ways for clients and staff to express EMOTIONS at your organization? What ways are unacceptable? Are there exceptions?

3) How has your organization responded to LOSS in the past? How is it addressed with clients?

4) What would you like to see in terms of FUTURE for the clients you serve? How can you personally integrate the concepts of psychobiology into the fabric of your organization as a way of moving toward this vision?



Module 6 Toolkit Handout

SELF Treatment Planning

Safety

Strengths:

Challenges:

Client Commits to:

Family Commits to:

Staff Commits to:

Emotion Management

Strengths:

Challenges:

Client Commits to:

Family Commits to:

Staff Commits to:

Loss

Strengths:

Challenges:

Client Commits to:

Family Commits to:

Staff Commits to:

Future

Strengths:

Challenges:

Client Commits to:

Family Commits to:

Staff Commits to: